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Practice Number
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Lines open 08.00 – 18.30

Health Lines

Issue 41

November 2024

THE MONTHLY PATIENT BULLETIN FROM YOUR PATIENT PARTICIPATION GROUP (PPG)

Reminder regarding the Monthly Coffee Morning Sessions for carers.

Just a reminder that the Carer Coffee Morning sessions that have been held on the second Thursday of each month during 2024 will recommence in January 2025.

Carer event Saturday 9 November 2024



Many thanks to Anne, Andrea and Ruth (three of our regular volunteers) for their support at the Carer Event at Solihull Retirement Village (Poppyfields) this month.

Their support, commitment and professionalism are always appreciated by both staff and carers.

****COME & JOIN YOUR PPG****

If you want to help us develop and improve SHP's services for the patient population, or even just to voice your views, please join your PPG.

Simply complete the form available in the PPG section of SHP web site or email shp.ppg@nhs.net for further information.

Next committee meeting will be on Thursday 21st November 2024.

The next scheduled Full Member meeting will take place on 23rd, January 2025 at Monkspath Surgery.
Timings to be advised.



www.nhs.uk/nhs-app

The above is the website for the NHS App that explains pretty much all you need to know about set up and the services we can access through this platform.

It's also important to remind you all that this channel will be the channel used by the NHS going forward for all our patient needs, information and services.

We can't use all the services mentioned on the NHS website yet, but the PPG will keep you posted about updates and access as SHP, together with all other Solihull and Birmingham practices, settings and Trusts work collaboratively on a new, single communications platform throughout next year.

There are booklets at sites giving information about using the NHS App.

The PPG would like to send a special thank you to Lucy at SHP for the excellent help she has provided to patients with Digital Services and the NHS App.

Full Member Meeting with speaker from Healthwatch, Solihull

The meeting which was scheduled for 24th October had to be postponed as the speaker who was due to present was unfortunately taken ill and had to cancel at the last minute.

The speaker, Jayne Hodgkiss from Healthwatch Solihull will now attend the next meeting on 23rd January 2025.

Jayne will give an overview on how Healthwatch Solihull fits into the health system and what it can offer to you. She will also be available to answer questions from the floor.

Join us to see what services Healthwatch Solihull can offer you.

The meeting will be held at Monkspath Surgery. Timings to be advised.

FANCY A CHAT?

With the winter setting in it's easy to become more isolated as we get out less and spend more time indoors.



NHS Volunteer Responders are there to offer you or someone you know a friendly phone call and a listening ear through their newly launched Check In and Chat service. Whether it's just a one-off conversation, or regular chats, you can use this service by calling 0808 196 3646.

Giving the gift of Life A Patient Experience

It is the time of year when we celebrate light and family.

When the central focus of our lives turn to trying to make people happy, appreciated and special.

However, we achieve this is individual and does not rely on spending money although that sometimes seems to be the focus of many people.

There is something wonderful we can achieve.

There are many thousands of people who are waiting for a kidney transplant. Their lives are on hold as they face increasing ill health, fear and the looming possibility of death.

A few years ago, I donated a kidney. My health was checked, and I had the reassurance of knowing that the live donor team had my best interest at the heart of their expertise.

The operation and the care were brilliant. There has been no impact on my health or life.

Please talk to the transplant team at the QE hospital.

Give a very special gift.

Patient details supplied but not published in order to comply with Data Protection Laws.