



[shp.ppg@nhs.net](mailto:shp.ppg@nhs.net)



Practice Number  
0121 705 1105  
Lines open 08.00 – 18.30

# Health Lines

Issue 35

May 2024

## YOUR MONTHLY PATIENT BULLETIN FROM SHP PATIENT PARTICIPATION GROUP (PPG)

\*\*\*\*\*

### PPG Annual General Meeting

\*\*\*\*\*

On Thursday 2<sup>nd</sup> May, we held our second PPG Annual Meeting. This was held at Monkspath Surgery and also had an online option. It was a very successful meeting and we welcomed 27 PPG members on site and 9 members joined online.

Sandie Matthews, SHP PPG Chair opened the meeting and explained how the PPG had supported SHP during the previous year and outlined how, in addition to supporting SHP events, they are planning to work going forward.

We were pleased to have two speakers from SHP. Dr Lupoli, GP Partner and Mr Steve New, Chief Executive Officer, who both updated the meeting with progress made during the previous 12 months and outlined their plans for the coming year.

This was followed by a question and answer forum whereby attendees could put questions directly to SHP.

If you are interested in joining the PPG there is a registration form available within the PPG area of the SHP website.



International Nurses Day is a day to celebrate the valuable work nurses do every day and takes place every year on the 12<sup>th</sup> May, the birthday of Florence Nightingale.

The PPG take the opportunity to say THANK YOU to ALL nurses for the dedication, hard work and excellent care they provide to patients everywhere.



Your local pharmacist can now supply medicines for seven conditions, if appropriate, without the need for a GP appointment or prescription

Don't wait for minor health concerns to get worse - think #PharmacyFirst. For more information visit:

<http://nhs.uk/thinkpharmacyfirst>

## SHP is now a research active practice!

### What does this mean for us as patients?

Clinical research means patients can access new treatments, interventions and medicines. According to the NHS Constitution, research is a core function of the NHS. Clinical research is a major driver of innovation and central to NHS practice for maintaining and developing high standards of patient care. Evidence suggests that research active practices have better clinical outcomes.

SHP now have a doctor and a research nurse supporting research activity for patients.

### What are the benefits?

Research offers;

- patients access to new treatments, interventions and medicines
- a new dimension to practice and added skills to those involved
- national gold standard training for research
- investment that means better, more cost - effective care for patients.

SHP are currently involving eligible patients in two studies;

#### **Lolipop**

Anyone can sign up via the Lolipop website.

#### **Resolute**

This study is by invitation only from SHP.

Eligible patients have been contacted

You can find the details of both of these on the SHP website (there is a button on the SHP home page 'Research' that you click to access details').

More details can be found on the Be Part of Research website (link below).

If you are interested in finding out more about research in general the link below will take you to the NIHR website. It's full of information and further details (and a good read).

<https://bepartofresearch.nihr.ac.uk/>

## Prostate Cancer Awareness and PSA testing. 4<sup>th</sup> May 2024, Monkspath Hub.



This most recent SHP opportunity took place on Saturday 4 May at Monkspath Hub. The target audience was those men at potential 'high risk' of the disease for a range of reasons who are patients of SHP. Sixty patients attended on this occasion to hear a 15 min talk with Prostate Cancer UK, ask questions, discuss queries and speak with the Cancer Lead for SHP, Dr Pal. They then received their blood test. Feedback was extremely positive and those attending appreciated the work that had gone into planning the occasion and the opportunity to share their experiences. The PPG were pleased and proud to support the event and our thanks go to Anne, Archana and David for their time and commitment.

Apart from the success of this occasion, it also highlighted the importance of patients having and using the NHS App. Test results are added to the app by the NHS and, going forward the app will be the single point of access for NHS developments and services and thus it's an integral part of our management of our own health. We understand that if you currently use Patient Access you will need a different email contact for the NHS App but this is quite straightforward as is downloading the app from common app stores online. (there are short videos on YouTube that take you through the sign up process). Another regular benefit of the app is that we can easily book repeat prescriptions as long as we have identified our own linked pharmacy. Setting up the NHS App for elderly family members can also be done but you will need to have it yourself and then speak to SHP in order to enable a linked account.